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Review Article

LITERATURE REVIEW OF *SHATI* IN VARIOUS AYURVEDIC TREATISE

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ABSTRACT

Hedychium spicatum Ham.ex Smith, commonly known as *Kapur Kachari* or *Shati* is one of the highly valued rhizomatous herbs useful in a wide range of diseases. The rhizomes of this plant give a stimulant effect on the respiratory system. In Ayurveda it is considered as a potent herb to cure diseases like cough, symptoms of cold, asthma, bronchitis. It is placed under *Hikka Nigrahan* and *Swashara Gana*. The *Guṇa-Karma* of *Shati* included *Laghu, Teeksṇa, Guṇa; Kaṭu, Tikta, Kaṣhaya Rasa; Anushṇa Veerya*. *Shati* was found to be as the ingredient of many formulations like *Chawanprasha, Agastya Haritaki Rasayana, Mahamayur Ghrit* and *Sudarshana Churna* and used in the treatment of cough, hiccough, fever and asthma and other respiratory problems. The rhizomes are considered useful as stomachic, carminative and stimulant for the treatment of liver disorders, food poisoning, inflammation, asthma pain, bronchitis and brain tonic. Various *Paryaya*, *Guna, Karma* and different opinions of *Acharyas* from various *Samhitas* were observed.

INTRODUCTION

Shati is a well-known aromatic drug and its rhizomes are used in Ayurveda and *Unani* system of medicine. Botanically, it has been identified as *Hedychium spicatum* Ham. ex. Smith (Family Zingiberaceae) as per API (Ayurvedic Pharmacopoeia of India)[1].

Shati is a perennial rhizomatous herb, belonging to the family Zingiberaceae measuring upto 1m, found in parts of western and central regions of sub-tropical Himalayas at an altitude of 1500-2000m, grows abundantly in Kumaon and other Uttarakhand regions. The rhizomes have a strong aromatic odour and bitter camphoraceous taste. In local language, the rhizomes are commonly known as *Kapur Kachari* or *Ban Haldi*. Its rhizomes are used for making well-known tonic as well as food supplement called *Chayawanprash.* Its rhizomes are mentioned as *Shati* in ancient Ayurvedic classics and has been used in various dosage forms to treat cough, hiccough, fever and asthma and other respiratory problems.

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Seeds were believed to cause an abortion and decoction of the rhizome with *Deodar* sawdust is taken for tuberculosis[2].

An extensive description of *Shati* was found in many *Ayurvedic Samhitas* like *Sushrut Samhita, Charak Samhita, Bhavaprakasha Samhita, Ashtang Hridaya, Ashtanga Sangraha, Bhela, Harita, Kashyap* etc. In this article, a detailed review of *Shati* was done from Samhitas and *Rasa Granthas* like *Rastarangini* and *Rasaratnasamuccaya*.

MATERIAL AND METHODS

Shati in *Samhita kala*

Charak Samhita[3, 4]

Shati has been mentioned in many chapters of *Sutra Sthanam, Chikitsa Sthanam* and *Siddhi Sthanam*. Use of *Shati* in various disorders and its inclusion as an ingredient in different formulations were found in *Charaka Samhita*[16, 17].

Table 1.1: Review of *Shati* in *Charaka-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Hikka Nigrahan Mahakashaya*	----------	*Ca. Su. 4/8:30; Pg. 77*
2.	*Swashara Mahakashaya*	----------	*Ca. Su. 4/8:37; Pg. 80*
3.	*Shaak Varga*	*Grahi, Tridoshghan,*	*Ca. Su. 27:88; Pg. 469*
4.	*Chawanprasha*	*Rasayana*	*Ca. Ci. 1/1:63; Pg. 15*
5.	*Shatyadi Varga Kwath*	*Sannipata Jwara, Kasa, Swasa*	*Ca. Ci. 3:211; Pg. 134*
6.	*Brihatyadi Gana Kwath*	*Sannipata Jwara, Kasa*	*Ca. Ci. 3:213; Pg. 134*
7.	*Baladi Ghrit*	*Jwarahara, Kasa, Shirashool Nasaka*	*Ca. Ci. 3:225; Pg. 136*
8.	*Agurvadi Taila*	*Sheet Jwara Nasaka*	*Ca. Ci. 3:267; Pg. 142*
9.	*Hingusovarchaladya Ghrit*	*Shoolhara, Vata Gulma Nasaka*	*Ca. Ci. 5:70; Pg. 189*
10.	*Hingvadi Churan* or *Gutika*	*Vaatkapha Gulma, Hikka, Kasa, Swas Nasaka*	*Ca. Ci. 5:79; Pg. 190*
11.	*Shatyadi Churna*	*Swasa, Kasa, Arochak, Hikka*	*Ca. Ci. 5:86; Pg. 191*
12.	*Bhallatakadya Ghrit*	*Kaphaj Gulma, Swasa, Kasa Hara*	*Ca. Ci. 5:144; Pg. 198*
13.	*Lodhrasava* or *Madhavasava*	*Kaphapitta Prameha, Pandu, Arsha, Aruchi*	*Ca. Ci. 6:41; Pg. 216*
14.	*Yakshmanashaka Leha*	*Kasa, Swasa, Swara Hara*	*Ca. Ci. 8:101; Pg. 264*
15.	*Duralabhadya Ghrit*	*Kasa, Trishna, Chardi, Atisaar*	*Ca. Ci. 8:108; Pg. 265*
16.	*Jeevantyadi Ghrit*	*Yakshma Roga*	*Ca. Ci. 8:111; Pg. 265*
17.	*Amritprash Ghrit*	*Vamana, Hridyaroga, Jwarnashaka*	*Ca. Ci. 11:35; Pg. 312*
18.	*Jeevantyadi Yvagu*	*Arsha, Atisaar, Vaatgulma*	*Ca. Ci. 12:60; Pg. 333*
19.	*Narayana Churna*	*Udara Roga*	*Ca. Ci. 13:126; Pg. 363*
20.	*Takra Arishta*	*Deepan, Rochan, Varnya*	*Ca. Ci. 14:72; Pg. 388*
21.	*Arsha Roga Nasaka Yvagu*	*Arsha*	*Ca. Ci. 14:92; Pg. 390*
22.	*Sushak Arsha Nasaka Shaak*	*Sushak Arsha*	*Ca. Ci. 14:124; Pg. 393*
23.	*Pipalyadi Anuvasan Basti*	*Arsha*	*Ca. Ci. 14:131; Pg. 393*
24.	*Panchmooladya Ghrit* or *Choorna*	*Shool, Gulma, Udara Roga,*	*Ca. Ci. 15:88; Pg. 421*
25.	*Marichadi Churna*	*Grahni, Aruchi*	*Ca. Ci. 15:109; Pg. 423*
26.	*Madhavarishta*	*Grahni Roga, Pandu Roga*	*Ca. Ci. 15:165; Pg. 429*
27.	*Pipalimooladya Churna*	*Kaphaj Grahni*	*Ca. Ci. 15:168; Pg. 429*
28.	*Dashmooladi Yvagu*	*Hikka, Kasa, Swas*	*Ca. Ci. 17:102; Pg. 472*
29.	*Pushkaradi Dravya*	*Hikka, Swasa*	*Ca. Ci. 17:104; Pg. 472*
30.	*Shatyadi Choorna*	*Tamak Swasa, Hikka*	*Ca. Ci. 17:123; Pg. 475*
31.	*Shatyadi Yoga*	*Swasa, Hikka*	*Ca. Ci. 17:129; Pg. 475*
32.	*Tejovatyadi Ghrit*	*Hikka, Swasa*	*Ca. Ci. 17:143; Pg. 477*
33.	*Tryushanadya Ghrit*	*Kasa, Jwara, Gulma*	*Ca. Ci. 18:39; Pg. 485*
34.	*Vataj Kasa Nasaka Yoga*	*Vataj Kasa Nasaka*	*Ca. Ci. 18:49; Pg. 485*
35.	*Duralabhadi Leha*	*Vataj Kasa Nasaka*	*Ca. Ci. 18:50; Pg. 486*
36.	*Dusparshadi Leha*	*Kasahara*	*Ca. Ci. 18:51; Pg. 486*
37.	*Chitrakadi Leha*	*Kasa, Hridya Roga, Swas Roga Hara*	*Ca. Ci. 18:53; Pg. 486*
38.	*Agastya Haritaki*	*Rasayana, Kasa, Swasa Nasaka*	*Ca. Ci. 18:57; Pg. 486*
39.	*Kasa Nasaka Peya*	*Kasahara*	*Ca. Ci. 18:77; Pg. 488*

40.	*Pittaj Kasa Nashak Leha*	*Pitaj Kasa, Swasa, Hikka Hara*	*Ca. Ci. 18:92; Pg. 490*
41.	*Sharkradi Yoga*	*Pitaj Kasa Nasaka*	*Ca. Ci. 18:106; Pg. 492*
42.	*Pathadi Kalka*	*Kaphaj Kasa Nasaka*	*Ca. Ci. 18:114; Pg. 493*
43.	*Nagaradi Yoga*	*Kaphaj Kasa Nasaka*	*Ca. Ci. 18:115; Pg. 493*
44.	*Vaat Anubandhi Kaphaj Kasa*	*Vaat Anubandhi Kaphaj Kasahara*	*Ca. Ci. 18:118; Pg. 493*
45.	*Dashmooladi Ghrit*	*Vaat Kapha Kasahara, Swashara*	*Ca. Ci. 18:123; Pg. 493*
46.	*Kantkari Ghrit*	*Kasa, Hikka, Swasahara*	*Ca. Ci. 18:125; Pg. 494*
47.	*Dvipanchmoolyadi Ghrit*	*Kshayaj Kasa Nasaka*	*Ca. Ci. 18:159; Pg. 498*
48.	*Jeevantyadi Leha*	*Kasa Nasaka*	*Ca. Ci. 18:176; Pg. 498*
49.	*Atisara Nasaka Shaka*	*Atisara Nasaka*	*Ca. Ci. 19:32; Pg. 509*
50.	*Dashmooladi Basti*	*Guda Bhransh*	*Ca. Ci. 19:45; Pg. 511*
51.	*Pashanbhedadi Churna*	*Ashmari Bhedan*	*Ca. Ci. 26:60; Pg. 663*
52.	*Pushkarmooladi Kalka*	*Vataj Hridya Roga*	*Ca. Ci. 26:84; Pg. 667*
53.	*Pushkarmmoladi Kwath*	*Vaatj Hridya Roga*	*Ca. Ci. 26:85; Pg. 667*
54.	*Pathaydi Kalka*	*Hridyashool, Parshavshool*	*Ca. Ci. 26:86; Pg. 667*
55.	*Katphaladi Kwath*	*Kaphaj Hridya Roga*	*Ca. Ci. 26:97; Pg. 669*
56.	*Mahamayur Ghrit*	*Shiroroga, Kasa, Swasahara*	*Ca. Ci. 26:170; Pg. 682*
57.	*Chitrakadi Ghrit*	*Param Vaathara*	*Ca. Ci. 28:122; Pg. 727*
58.	*Bala Taila*	*Vaatvyadi Nashak*	*Ca. Ci. 28:150; Pg. 731*
59.	*Moolakadya Taila*	*Vaatnashak*	*Ca. Ci. 28:169; Pg. 733*
60.	*Jeevantyadi Anuvasan Yamak*	*Brihankarak, Vaatpitta Nashak*	*Ca. Si. 4:10; Pg. 925*
61.	*Saindhavadi Anuvasan Taila*	*Kaphaj Roga, Gulma, Arsha*	*Ca. Si. 4:14; Pg. 925*
62.	*Vidangadi Taila*	*Kushta, Krimi Roga*	*Ca. Si. 4:21; Pg. 926*
63.	*Vachadi Yoga*	*Klamahara*	*Ca. Si. 7:18; Pg. 952*
64.	*Darvyadi Yoga*	*Klamahara*	*Ca. Si. 7:19; Pg. 952*
65.	*Apara Yamak Anuvasana Basti*	*Valli, Palit, Shukra Vardhan*	*Ca. Si. 12/18:3; Pg. 1015*

Susruta Samhita[3, 5]

In this *Samhita*, the plant *Shati* is described in different contexts. *Aacharya Sausruta* thoroughly observes the pharmacological properties and actions of *Shati.* Use of *Shati* in various disorders and as an ingredient in different formulations**.** (Table 1.2)

Table 1.2: Review of *Shati* in *Susruta-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Shaak Varga*	*Sangrahi, Tridoshnashak*	*Su. Su. 46:276; Pg. 265*
2.	*Granthibhoot Shukra*	*Granthi Nasaka*	*Su. Sa. 2:8; Pg. 13*
3.	*Hingvadi Choorna*	*Kasa, Swas, Gulma, Udara Roga Nasaka*	*Su. Ci. 5:28; Pg. 44*
4.	*Dhanwantra Ghrit*	*Gulma, Udara Roga Nasaka*	*Su. Ci. 12:5; Pg. 79*
5.	*Basti Prayog*	*Arsha, Grahni Rog Nasaka*	*Su. Ci. 37:8; Pg. 198*
6.	*Chitrakadi Taila Anuvasanarth*	*Vaat Vyadhi Nasaka*	*Su. Ci. 37:17; Pg. 198*
7.	*Anuvasana Basti*	*Vaat Pitta Nasaka, Gulma Nasaka*	*Su. Ci. 37:24; Pg. 199*
8.	*Pathadi Taila (Anuvasanarth)*	*Kaphaj Vyadhi Nasaka*	*Su. Ci. 37:37; Pg. 200*
9.	*Vidangadi Taila (Anuvasanarth)*	*Vaatrakta, Gulma Nasaka*	*Su. Ci. 37:39; Pg. 200*
10.	*Niruh Basti*	----------	*Su. Ci. 38:26; Pg. 210*

11.	*Kirat Tiktadi Kwath*	*Vaatpitta Jwara Nasaka*	*Su. Ut. 39:199; Pg. 254*
12.	*Kalshyadi Ghritam*	*Jeerna Jawar, Kasa Nasaka*	*Su. Ut. 39:225; Pg. 257*
13.	*Hingvadya Ghritam*	*Shool, Vata Gulma Nasaka*	*Su. Ut. 42:28; Pg. 340*
14.	*Hridradi Churna*	*Swasa Roga Nasaka*	*Su. Ut. 51:41; Pg. 484*
15.	*Pathadi Ghritam*	*Kasahara, Swasa Roga Nasaka*	*Su. Ut. 52:31; Pg. 497*
16.	*Agastya Avleha*	*Hikka, Kasa, Swashara*	*Su. Ut. 52:43; Pg. 499*

***Astangahrdaya*[6] (7th century A.D.)**

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya* thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.3)

Table 1.3: Review of *Shati* in *Ashtanga Hrdyam*

S.no	Preparation	Indications	Ref. No.
1.	*Shaak Varga*	*Tridosh Nasaka, Grahi*	*Ah. Su. 6:72; Pg. 102*
2.	*Duralabha Yoga*	*Vataj Kasa Nasaka*	*Ah. Ci. 3:13; Pg. 587*
3.	*Vividh Yoga*	*Kasa Nasaka*	*Ah. Ci. 3:14; Pg. 587*
4.	*Vataj Kasa Nasaka Peya*	*Vatak Kasa Nasaka*	*Ah. Ci. 3:20; Pg. 588*
5.	*Kasa Nasaka Avleha*	*Pittaj Kasa Nasaka*	*Ah. Ci. 3:31; Pg. 590*
6.	*Peya Or Panaka*	*Pittaj Kasa Nasaka*	*Ah. Ci. 3:37; Pg. 591*
7.	*Kasa Nasaka Avleha*	*Vata Kapha Kasa Nasaka*	*Ah. Ci. 3:49; Pg. 592*
8.	*Dashmool Ghrit Yoga*	*Vata* or *Kapha Kasa Nasaka*	*Ah. Ci. 3:56; Pg. 593*
9.	*Kantkari Ghrit*	*Kasa, Swas, Hikka Roga Nasaka*	*Ah. Ci. 3:60; Pg. 594*
10.	*Amritprash Ghrit Yoga*	*Kasa, Swas, Hikka, Jwara Nasaka*	*Ah. Ci. 3:95; Pg. 599*
11.	*Agastya Haritaki Rasayana*	*Rasayana, Kasa, Swas, Visham Jawar Nasaka*	*Ah. Ci. 3:127; Pg. 602*
12.	*Chavikadi Ghrit*	*Kshayaj Kasa Nasaka*	*Ah. Ci. 3:160; Pg. 606*
13.	*Dashmooladi Kashaya* or *Peya*	*Hikka, Swasa Roga Nasaka*	*Ah. Ci. 4:24; Pg. 612*
14.	*Ahara*	*Ahara Ruchikar*	*Ah. Ci. 4:27; Pg. 612*
15.	*Shatyadi Churna*	*Swasa Roga Nasaka*	*Ah. Ci. 4:40; Pg. 613*
16.	*Jeevantyadi Churna*	*Kasa, Jwara, Hikka Swasa Roga Nasaka*	*Ah. Ci. 4:44; Pg. 614*
17.	*Shatyadi Choorna*	*Hiika, Swasa Roga Nasaka*	*Ah. Ci. 4:46; Pg. 614*
18.	*Tejovatyadi Ghrit*	*Arsa, Grahni Roga, Hikka Roga Nasaka*	*Ah. Ci. 4:53; Pg. 615*
19.	*Jeevantyadi Ghrit*	*Rajyakshama Roga Nasaka*	*Ah. Ci. 5:16; Pg. 619*
20.	*Pushkaradi Kalka*	*Hridya Shool Nasaka*	*Ah. Ci. 6:31; Pg. 633*
21.	*Yvanyadi Kwath Rasa*	*Hridya Shool Nasaka*	*Ah. Ci. 6:33; Pg. 633*
22.	*Panchkoladi Kalka*	*Hridya Shool, Udara Shool, Yonishool Nasaka*	*Ah. Ci. 6:34; Pg. 633*
23.	*Pushkarmooladi Churna*	*Pittaj Hridya Roga Nasaka*	*Ah. Ci. 6:52; Pg. 635*
24.	*Takra Arishta*	*Deepan, Rochan, Guda Shotha Hara*	*Ah. Ci. 8:46; Pg. 662*
25.	*Pipplyadi Taila*	*Arsha Roga Nasaka*	*Ah. Ci. 8:90; Pg. 668*
26.	*Ahara Nirman*	*Atisara*	*Ah. Ci. 9:12; Pg. 680*
27.	*Patra Rasa*	*Atisara*	*Ah. Ci. 9:20; Pg. 681*
28.	*Aprajit Khal*	*Grahi, Agnivardhak, Ruchikaraka*	*Ah. Ci. 9:26; Pg. 682*
29.	*Anuvasana Basti*	*Guda Bhransh Hara*	*Ah. Ci. 9:50; Pg. 685*
30.	*Panchmooladi Ghrit*	*Kasa, Swas Hara*	*Ah. Ci. 10:27; Pg. 698*

31.	*Matulungadi Churna*	*Agnivardhak*	*Ah. Ci. 10:61; Pg. 702*
32.	*Dhanwantar Ghrit*	*Kasa, Swas Hara*	*Ah. Ci. 12:19; Pg. 717*
33.	*Lodhra Asava*	*Prameh Hara, Aruchi, Pandu Roga*	*Ah. Ci. 12:25; Pg. 718*
34.	*Hingvadi Ghrit*	*Vataj Gulma Nasaka*	*Ah. Ci. 14:10; Pg. 730*
35.	*Dadhik Ghrit*	*Vataj Gulma Nasaka, Kasa, Swasa , Aruchi Nasaka*	*Ah. Ci. 14:14; Pg. 730*
36.	*Hingvadi Churna*	*Hridya Shool, Parshav Shool, Basti Shool Hara*	*Ah. Ci. 14:31; Pg. 732*
37.	*Bhallatakadi Ghrit*	*Kaphaj Gulma Nasaka*	*Ah. Ci. 14:81; Pg. 738*
38.	*Narayan Churna*	*Kasa, Swasa, Hridya Roga Nasaka*	*Ah. Ci. 15:14; Pg. 748*
39.	*Shothhara Peya*	*Shoth Hara*	*Ah. Ci. 17:20; Pg. 772*
40.	*Rasnadi Ghrit*	*Vaat Roga Nasaka*	*Ah. Ci. 21:57; Pg. 811*
41.	*Bala Taila*	*Vaat Vyadhi, Kasa, Swas, Jwara Nasaka*	*Ah. Ci. 21:75; Pg. 813*
42.	*Yaman Sneha*	*Brahmana Karaka, Bala Shukra Agni Vardhaka*	*Ah. Ka. 4:60; Pg. 857*
43.	*Saindhavadi Taila*	*Kaphroga Nasaka, Ashmari Hara*	*Ah. Ka. 4:63; Pg. 857*
44.	*Urdhavmaruta Vyapad*	*Ayog Basti Vyapad*	*Ah. Ka. 5:19; Pg. 861*
45.	*Vachadi Ghrit*	*Vaak Shakti, Medha, Smriti, Agnivardhan*	*Ah. Ut. 1:46; Pg. 885*
46.	*Mahamayuradi Ghrit*	*Urdhavjatrugat Roga Nasaka*	*Ah. Ut. 24:53; Pg. 1063*
47.	*Gara Visha Chikitsa*	*Gara Dosh Hara, Kasa, Swasa, Hikka Nasaka*	*Ah. Ut. 35:59; Pg. 1151*
48.	*Chwanprash Rasayan*	*Rasayana*	*Ah. Ut. 39:34; Pg. 1187*

***Astangasangraha*[7] (7th century A.D.)**

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya Vagbhata* thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations is also documented in *Ashtanga Sangraha*. (Table 1.4)

Table 1.4: Review of *Shati* in *Ashtanga Sangraha*

S.no	Preparation	Indications	Ref. No.
1.	*Shaak Varga*	*Grahni, Arsha Vikar*	*As. Su. 7:111; Pg. 136*
2.	*Trishna Nasaka Yoga*	*Trishna Hara*	*As. Su. 11:14; Pg. 248*
3.	*Trishnaghan Gana*	*Trishna Hara*	*As. Su. 15:27; Pg. 305*
4.	*Swasa Shaman Gana*	*Swasanasaka*	*As. Su. 15:34; Pg. 306*
5.	*Gokantakadi Kwath*	*Vaat Pitta Jwara Nasaka*	*As. Ci. 1:81; Pg. 267*
6.	*Baladi Ghrit*	*Jwara Nasaka*	*As. Ci. 2:11; Pg. 273*
7.	*Kultathadi Ghrit*	*Deepan, Jwara Nasaka*	*As. Ci. 2:14; Pg. 273*
8.	*Kashmaryadi Ghrit*	*Kasa, Jwara , Pleeha Roga Nasaka*	*As. Ci. 4:7; Pg. 300*
9.	*Duralabhadi Leha*	*Vataj Kasa Hara*	*As. Ci. 4:16; Pg. 301*
10.	*Dusparshadi Avleha*	*Vatj Kasa Hara*	*As. Ci. 4:17; Pg. 301*
11.	*Peya*	*Hikka, Swas Hara*	*As. Ci. 4:24; Pg. 302*
12.	*Pipplyadi Leha*	*Pittaj Kasa Hara*	*As. Ci. 4:31; Pg. 303*
13.	*Twagadi Leha*	*Hridya Roga, Kasa Hara*	*As. Ci. 4:35; Pg. 304*
14.	*Pitaj Kasa Nasaka Peya*	*Pitaj Kasa Hara*	*As. Ci. 4:42; Pg. 305*
15.	*Darvyadi Leha*	*Kasa, Swasa, Hikka Nasaka*	*As. Ci. 4:59; Pg. 306*
16.	*Pathadi Peya*	*Kaphaj Kasa Hara*	*As. Ci. 4:63; Pg. 307*
17.	*Pathadi Peya*	*Kaphaj Kasa Hara*	*As. Ci. 4:63; Pg. 307*
18.	*Dashmooladi Ghrit*	*Vata Kapha Kasa Nasaka*	*As. Ci. 4:67; Pg. 308*

19.	*Amritprash Ghrit*	*Kasa, Swas, Jwara Hara*	*As. Ci. 5:28; Pg. 314*
20.	*Agastya Haritaki*	*Rasayan, Kasa, Swas Hara*	*As. Ci. 5:79; Pg. 319*
21.	*Pathadi Churna*	*Kasa Hara*	*As. Ci. 5:121; Pg. 324*
22.	*Dashmooladi Kwath*	*Kasa, Swas, Hikka Hara*	*As. Ci. 6:25; Pg. 329*
23.	*Ahaaar*	*Hikka, Swas Hara*	*As. Ci. 6:28; Pg. 329*
24.	*Shatyadi Leha*	*Swas Hara*	*As. Ci. 6:45; Pg. 331*
25.	*Jeevantaydi Churna*	*Hikka, Kasa, Jwara Nasaka*	*As. Ci. 6:51; Pg. 331*
26.	*Jeevantaydi Churna*	*Hiika, Kasa, Swasa , Arsha Nasaka*	*As. Ci. 6:52; Pg. 331*
27.	*Shatyadi Churna*	*Hiika, Swasa Hara*	*As. Ci. 6:55; Pg. 332*
28.	*Tejovatyadi Ghrit*	*Hiika, Swasa, Grahni Roga Nasaka*	*As. Ci. 6:63; Pg. 333*
29.	*Jeevantyadi Ghrit*	*Rajyakshama Nasaka*	*As. Ci. 7:23; Pg. 333*
30.	*Duralabhadi Ghrit*	*Kasa, Chardi , Trishna Hara*	*As. Ci. 7:26; Pg. 337*
31.	*Khajuradi Leha*	*Kasa, Swas Hara*	*As. Ci. 7:50; Pg. 340*
32.	*Pushkaradi Kalka*	*Shoolhara*	*As. Ci. 8:37; Pg. 354*
33.	*Yvanyadi Kalka*	*Shoolhara*	*As. Ci. 8:38; Pg. 354*
34.	*Panchkoladi Kalka*	*Hridya, Parshav Shool Nasaka*	*As. Ci. 8:39; Pg. 354*
35.	*Pushkaradi Kwath*	*Kaphaj Hridya Roga Nasaka*	*As. Ci. 8:58; Pg. 357*
36.	*Hapushadi Takra*	*Arsha Roga Hara*	*As. Ci. 10:16; Pg. 384*
37.	*Pipplyadi Taila*	*Gud Bhrans, Yoni Shool Nasaka*	*As. Ci. 10:54; Pg. 396*
38.	*Laghupanchmool Yvagu*	*Atisar Hara*	*As. Ci. 11:5; Pg. 399*
39.	*Aprajita Khil Yoga*	*Pravahika Nasaka*	*As. Ci. 11:8; Pg. 400*
40.	*Agni Ghrit*	*Deepan, Agnivardhak*	*As. Ci. 12:8; Pg. 411*
41.	*Dhanwantra Ghrit*	*Kasa, Swasa, Pandu Nasaka*	*As. Ci. 14:13; Pg. 432*
42.	*Lodhra Asava*	*Sarv Prameh Nasaka, Arochak, Grahni Roga Hara*	*As. Ci. 14:15; Pg. 433*
43.	*Dashmooladi Kwath*	*Vataj Gulma Nasaka*	*As. Ci. 16:3; Pg. 445*
44.	*Dadhik Ghrit*	*Vataj Gulma, Apsmara Nasaka*	*As. Ci. 16:6; Pg. 446*
45.	*Trilavanadi Peya Or Ghrit*	*Kasa, Hikka, Gulma, Shool Nasaka*	*As. Ci. 16:10; Pg. 448*
46.	*Abhyadi Peya*	*Kasa, Hikka, Gulma, Shool Nasaka*	*As. Ci. 16:11; Pg. 449*
47.	*Bhallatak Ghrit*	*Kaphaj Gulma Nasaka*	*As. Ci. 16:25; Pg. 453*
48.	*Gandeer Arishta*	*Granthi, Arbud, Krimi Nasaka*	*As. Ci. 18:13; Pg. 476*
49.	*Shatyadi Peya*	*Shotha Hara*	*As. Ci. 19:8; Pg. 483*
50.	*Rasnadi Ghrit*	*Vaat Vyadhi Nasaka*	*As. Ci. 23:35; Pg. 531*
51.	*Bala Taila*	*Vaat Vyadhi Nasaka*	*As. Ci. 23:64; Pg. 534*
52.	*Jeevantyadi Taila*	*Brimhana, Agnivardhak*	*As. Ka. 5:49; Pg. 592*
53.	*Saindhavadi Anuvasana Basti*	*Gulma, Pleeha, Ashmari Hara*	*As. Ka. 5:53; Pg. 593*
54.	*Darvyadi Kalka*	*Basti Vyapad Sidhi*	*As. Ka. 6:12; Pg. 597*
55.	*Dashmooladi Niruh Basti*	*Basti Vyapad Sidhi*	*As. Ka. 6:29; Pg. 599*
56.	*Shirishadi Taila*	*Apasmara, Unmaad, Jwara Nasaka*	*As. Ut. 10:33; Pg. 99*
57.	*Padmakadi Taila*	*Pitaj Pratishaya*	*As. Ut. 24:12; Pg. 207*
58.	*Mahamayur Ghrit*	*Kasa, Swas Hara*	*As. Ut. 28:75; Pg. 255*

59.	*Trishna Nasaka Yoga*	*Hikka, Kasa, Swas Hara*	*As. Ut. 40:121; Pg. 367*
60.	*Vijyadi Ghrit*	*Unmaad, Gulma, Kushta Roga Hara*	*As. Ut. 48:34; Pg. 455*
61.	*Vishshoolhara Yoga*	*Shool Hara*	*As. Ut. 48:39; Pg. 456*
62.	*Chavan Prash*	*Rasayana*	*As. Ut. 49:40; Pg. 468*
63.	*Jeevakadi Ghrit*	*Shukra Vardhan*	*As. Ut. 50:56; Pg. 527*

***Sharangdhara*[8] (13th century A.D)**

Sharangdhar Samhita is a renowned medical treatise authored by *Acharya Sharangdhar*. It is considered a part of the *Laghu Trayi*, along with *Madhavnidanam* and *Bhavprakash*.

In this book the plant *Shati* has been described in different contexts. Use of *Shati* in various disorders and as an ingredient of various formulations were found in *Sharangdhar Samhita*. (Table 1.5)

Table 1.5: Review of *Shati* in *Sharangdhar-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Bhunimbadi Kwath*	*Kaphaj Jwara Nasaka*	*Sh.Ma.Kh. 2:20*
2.	*Patoladi Kwath*	*Kaphaj Jwara Nasaka*	*Sh.Ma.Kh. 2:21*
3.	*Maharasnadi Kwath*	*Sarv Vaat Roga Nasaka*	*Sh.Ma.Kh. 2:90*
4.	*Sudarshana Churna*	*Sarv Jwara Nasaka*	*Sh.Ma.Kh. 6:27*
5.	*Katphaladi Churna*	*Jwara Nasaka*	*Sh.Ma.Kh. 6:39*
6.	*Brihat Katphaladi Churna*	*Shoolhara*	*Sh.Ma.Kh. 6:41*
7.	*Pipplyadi Churna*	*Grahni Dosh Hara*	*Sh.Ma.Kh. 6:65*
8.	*Narayan Churna*	*Udara Roga Hara*	*Sh.Ma.Kh. 6:84*
9.	*Lavana Trityada Churna*	*Hikka, Swas, Kasa Hara*	*Sh.Ma.Kh. 6:100*
10.	*Hingvadi Churna*	*Shoolhara, Hikka, Kasa, Swas Hara*	*Sh.Ma.Kh. 6:121*
11.	*Kankayan Gutika*	*Gulma Roga Hara*	*Sh.Ma.Kh. 7:52*
12.	*Kantkari Avleha*	*Kasa, Swas Hara*	*Sh.Ma.Kh. 8:7*
13.	*Chyavanprash*	*Kasa, Swas, Trishna Hara, Rasayana*	*Sh.Ma.Kh. 8:11*
14.	*Agastya Haritaki Avleha*	*Kasa, Swas, Jwara, Hikka Nasaka*	*Sh.Ma.Kh. 8:31*
15.	*Mahatikta Ghrit*	*Vaat Rakta, Kushta Hara*	*Sh.Ma.Kh. 9:46*
16.	*Vachadi Taila*	*Gandmala Nasaka*	*Sh.Ma.Kh. 9:195*
17.	*Dhatooradi Taila*	*Vaat Roga Hara*	*Sh.Ma.Kh. 9:205*
18.	*Usheerasava*	*Rakta Pitta Hara*	*Sh.Ma.Kh. 10:14*
19.	*Dashmoola Arishta*	*Vaat Roga Hara*	*Sh.Ma.Kh. 10:82*

***Bhavaprakasa*[9] (16th century A.D.)**

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya* thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.6)

Table 1.6: Review of *Shati* in *Bhavprakasha*

S.no	Preparation	Indications	Ref. No.
1.	*Sudarshan Churna*	*Jwara, Kasa, Swasa Hara*	*Bha.Ma.Kh. 1:125*
2.	*Shatyadi Kwath*	*Jwarahara*	*Bha.Ma.Kh. 1:139*
3.	*Kirat Tiktadi Kwath*	*Vaat Pitta Jwara Nasaka*	*Bha.Ma.Kh. 1:393*
4.	*Marichadyaudhulnam*	*Vaat Kapha Jwara Nasaka*	*Bha.Ma.Kh. 1:419*
5.	*Ashtadashaang Kwath*	*Kasa, Swas, Hikka Nasaka*	*Bha.Ma.Kh. 1:576*
6.	*Brihatyadi Kwath*	*Sannipataj Jwara Nasaka*	*Bha.Ma.Kh. 1:631*
7.	*Shringyadi Kwath*	*Hikka, Kasa, Swas Nasaka*	*Bha.Ma.Kh. 1:655*

8.	*Shatyadi Kwath*	*Sannipataj Jwara Nasaka*	*Bha.Ma.Kh. 1:661*
9.	*Devdarvyadi Kwath*	*Sannipataj Jwara Nasaka*	*Bha.Ma.Kh. 1:663*
10.	*Kirat Tiktadi Kwath*	*Sannipataj Jwara Nasaka*	*Bha.Ma.Kh. 1:694*
11.	*Drakshadya Kwath*	*Jeerna Jwara, Kasa, Swasa Nasaka*	*Bha.Ma.Kh. 1:823*
12.	*Dashang Kwath*	*Swasa, Aruchi Hara*	*Bha.Ma.Kh. 1:844*
13.	*Dvatrinshta Kwath*	*Hikka, Swasa, Jwara Nasaka*	*Bha.Ma.Kh. 1:846*
14.	*Vatsakadi Kwath*	*Atisar Nasaka*	*Bha.Ma.Kh. 2:21*
15.	*Bahushaal Gud Maha*	*Arsha Roga Hara*	*Bha.Ma.Kh. 5:81*
16.	*Brihad Agni Much Churna*	*Vaat Rakta, Gulma, Pleeha Roga Hara*	*Bha.Ma.Kh. 6:46*
17.	*Brihat Kushmand Avleha*	*Vishm Jawara Nasaka, Rakta Arsha Nasaka*	*Bha.Ma.Kh. 9:65*
18.	*Kantkari Avleha*	*Hikka, Kasa, Swas Hara*	*Bha.Ma.Kh. 13:50*
19.	*Dashmooladi Yvagu*	*Swasa, Hikka, Kasa Hara*	*Bha.Ma.Kh. 14:34*
20.	*Shringyadi Churna*	*Swasa Hara*	*Bha.Ma.Kh. 14:38*
21.	*Hridradi Avleha*	*Swasa Hara*	*Bha.Ma.Kh. 14:41*
22.	*Hingvadi Churna*	*Vaat Vyadhi Nasaka*	*Bha Ma.Kh. 24:111*
23.	*Tryodashanga Guggul*	*Vaat Roga, Gridhrsi Roga Nasaka*	*Bha.Ma.Kh. 24:117*
24.	*Mahamashadi Tail*	*Vaat Vikaar Nasaka*	*Bha.Ma.Kh. 24:268*
25.	*Maha Saindhavadya Taila*	*Shira Shool Nasaka*	*Bha.Ma.Kh. 25:47*
26.	*Punarnvadi Lepa*	*Aamvata Nasaka*	*Bha.Ma.Kh. 26:22*
27.	*Shatyadi Kwath*	*Aamvata Nasaka*	*Bha.Ma.Kh. 26:26*
28.	*Shatyadi Kalka*	*Aamvata Nasaka*	*Bha.Ma.Kh. 26:42*
29.	*Punarnavadi Churna*	*Aamvata, Gridhrsi Nasaka*	*Bha.Ma.Kh. 26:46*
30.	*Madhyam Rasnadi Kwath*	*Kati Shool, Kosht Shool, Udara Shool Nasaka*	*Bha.Ma.Kh. 26:131*
31.	*Maha Rasnadi Kwath*	*Vaat Rakta Nasaka*	*Bha.Ma.Kh. 26:132*
32.	*Chandraprabha Gutika*	*Jwara, Atisara, Grahni Roga Nasaka*	*Bha.Ma.Kh. 29:193*
33.	*Hingvadi Churna*	*Gulma Roga Nasaka*	*Bha.Ma.Kh. 32:28*
34.	*Haritkaydi Churna*	*Hridya Roga Nasaka*	*Bha.Ma.Kh. 34:12*
35.	*Punarnavadya Taila*	*Ashmari Roga Hara*	*Bha.Ma.Kh. 37:95*
36.	*Dhanwantra Ghrit*	*Apsmara Roga Nasaka*	*Bha.Ma.Kh. 38:94*
37.	*Narayan Churna*	*Udara Roga Hara*	*Bha.Ma.Kh. 41:49*
38.	*Maha Bhallatak Avleha*	*Kasa, Swasa, Krimi Roga Hara*	*Bha.Ma.Kh. 54:85*

***Bhela Samhita*[10]**

In this *Samhita*, the plant *Shati* is described in different contexts. *Acharya* Bhel thoroughly observes the pharmacological properties and actions of *Shati* and describe in various disorders and as an ingredient in different formulations. (Table 1.6)

Table 1.7: Review of *Shati* in *Bhela-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Dadhik Ghrit*	*Gulma Roga Nasaka*	*Bhel. Ci. 5:21*
2.	*Bhallatakadi Vati*	*Arsha Roga Nasaka*	*Bhel. Ci. 10:16*
3.	*Haritkyadi Churna*	*Hridya Roga Nasaka*	*Bhel. Ci. 19:6*
4.	*Pathadi Churna*	*Arsha, Gulma Roga Nasaka*	*Bhel. Ci. 19:8*
5.	*Agastya Rasayana*	*Rasayana*	*Bhel. Ci. 20:40*

***Harita Samhita*[11]**

The use of *Shati* in various disorders and as an ingredient in various formulations were found in *Harita Samhita.* (Table 1.8)

Table 1.8: Review of *Shati* in *Harita-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Vasadi Kwath*	*Kaphaj Jwara Nasaka*	*Har. 3/2:81*
2.	*Kirat Tiktadi Kwath*	*Vaat Pitta Jwara Nasaka*	*Har. 3/2:88*
3.	*Guduchyadi Kwath*	*Pitta Kapha Jwara Nasaka*	*Har. 3/2:96*
4.	*Dashaang Kwath*	*Sannipataj Jwara Nasaka*	*Har. 3/2:116*
5.	*Mustadi Kwath*	*Jwara Nasaka*	*Har. 3/2:120*
6.	*Brihatyadi Kwath*	*Shool, Tandra Nasaka*	*Har. 3/2:121*
7.	*Shatyadi Pachana*	*Tandra, Swasa Roga Hara*	*Har. 3/2:123*
8.	*Brihad Rasnadi Kwath*	*Kasa, Swasa Nasaka*	*Har. 3/2:126*
9.	*Shatyadi Kwath*	*Kaphaj Roga Hara*	*Har. 3/2:170*
10.	*Darvyadi Gana*	*Sannipataj Grahni Nasaka*	*Har. 3/3:92*
11.	*Shunthyadi Kwath*	*Pachan*	*Har. 3/4:22*
12.	*Rasnadi Churna*	*Visham Agni Nasaka*	*Har. 3/6:17*
13.	*Shati Shaka*	----------	*Har. 3/6:34*
14.	*Shati Shaka*	----------	*Har. 3/6:35*
15.	*Hingvadi Kwath*	*Vataj Shool Nasaka*	*Har. 3/7:26*
16.	*Hingvadi Kwath*	*Vataj Shool Nasaka*	*Har. 3/7:27*
17.	*Saindahvadi Churna*	*Vataj Shool Nasaka*	*Har. 3/7:28*
18.	*Sovarchaladi Churna*	*Vaat Kapha Shool Nasaka*	*Har. 3/7:55*
19.	*Hingvadi Gutika*	*Sarv Vaat Vikara Nasaka*	*Har. 3/7:65*
20.	*Agastya Haritaki*	*Kasa, Swasa Roga Nasaka*	*Har. 3/9:63*
21.	*Baladi Ghrit*	*Rajyakshama Nasaka*	*Har. 3/9:94*
22.	*Chandanadi Taila*	*Pandu, Kasa Hara*	*Har. 3/9:97*
23.	*Amritprashana Ghrit*	*Rajyakshama Nasaka*	*Har. 3/9:121*
24.	*Kalyanaka Namak Lavana*	*Pandu, Gulma, Kamla Hara*	*Har. 3/11:38*
25.	*Pipplyadi Taila*	*Vaat Vyadhi Nasaka*	*Har. 3/11:66*
26.	*Mustadya Vati*	*Arsha, Gulma, Pandu Roga Hara*	*Har. 3/11:68*
27.	*Bhallatak Guda*	*Kasa Hara*	*Har. 3/11:75*
28.	*Bharangyadi Avleha*	*Vataj Kasa Hara*	*Har. 3/12:26*
29.	*Shunthyadi Churna*	*Vataj Kasa Hara*	*Har. 3/12:27*
30.	*Vasadi Churna*	*Kaphaj Kasa Hara*	*Har. 3/12:36*
31.	*Brihat Talisadya Aushadi*	*Kasa, Swasa Roga Nasaka*	*Har. 3/12:43*
32.	*Shatyadi Churna*	*Tridoshaj Chardi Nasaka*	*Har. 3/12:53*
33.	*Kachuradi Avleha*	*Kaphaj Chardi Nasaka*	*Har. 3/12:66*
34.	*Ajmodadi Churna*	*Aamvata Hara*	*Har. 3/21:40*
35.	*Durvadi Lepa*	*Vaat Rakta Hara*	*Har. 3/23:9*
36.	*Shatyadi Kwath*	*Gulma Roga Nasaka*	*Har. 3/26:24*
37.	*Kshaar Paan*	*Udara Shool Hara*	*Har. 3/26:39*

38.	*Ajmodadi Aushadh*	*Vataj Udara Roga Nasaka*	*Har. 3/26:40*
39.	*Gulma Nasaka Avleha*	*Pittaj Gulma Nasaka*	*Har. 3/26:46*
40.	*Soveeradi Kwath*	*Visarpa Roga Nasaka*	*Har. 3/33:9*
41.	*Devdarvyadi Ghrit*	*Shiroroga Nasaka*	*Har. 3/41:5*
42.	*Dhavan Kriya*	*Netra Roga Hara*	*Har. 3/45:7*
43.	*Shayaadi Lepa*	*Vish Hara*	*Har. 3/56:30*

Kasyapa Samhita **[12] (600-1000B.C)**

Kashyapa-samhita, also known as *Vṛddha-Jivakiya-tantra,* is considered one of the oldest classical texts on Ayurveda. In this work, *Shati* is detailed as an ingredient in multiple formulations for treating different disorders. (Table 1.9)

Table 1.9: Review Of *Shati* in *Kashyap-Samhita*

S.No	Preparation	Indications	Ref. No.
1.	*Pipplyadi Churna*	*Vataj Gulma, Pleeha Roga Nasaka*	*Kas. Ci. 8:33*
2.	*Shatyadi Gana*	*Shoolhara, Vibandh Roga Nasaka*	*Kas. Ka. 8:114*
3.	*Shaman Dravya*	----------	*Kas. Khi. 2:57*
4.	*Panchkol Yoosh*	*Sangrahi*	*Kas. Khi. 4:40*
5.	*Brihatyadi Kwath*	*Kaphaj Jwara Nasaka*	*Kas. Khi. 11:128*
6.	*Dashmooladi Kwath*	*Sannipataj Jwara Nasaka*	*Kas. Khi.11:164*
7.	*Shyamadi Churna*	*Vaat Shool Nasaka*	*Kas. Khi. 18:11*
8.	*Hingvadi Churna*	*Gulma, Shool Nasaka*	*Kas. Khi. 18:20*
9.	*Shoolhara Vati*	*Shool Nasaka, Gulma Hara*	*Kas. Khi. 18:23*
10.	*Gandharva Taila*	*Gulma, Pleeha, Arsha Roga Nasaka*	*Kas. Khi. 18:58*
11.	*Dashmooladi Kwath*	*Vataj Jwara Nasaka*	*Kas. Khi. 19:18*
12.	*Brihtaydi Kwath*	*Vaat Kapha Jwara Nasaka*	*Kas. Khi. 19:20*
13.	*Shatyadi Churna*	*Shool, Nibandh Hara*	*Kas. Khi. 19:44*
14.	*Vidangadi Kwath*	*Vaat Kapha Jwara Nasaka*	*Kas. Khi. 19:45*
15.	*Duralabhadi Kwath*	*Vaat Kaphaj Jwara, Vibandh Nasaka*	*Kas. Khi. 19:47*
16.	*Jwara Nasaka Yoga*	*Sannipata Jwara, Kasa Nasaka*	*Kas. Khi. 19:48*
17.	*Brihatyadi Kwath*	*Dosh Vipachnam*	*Kas. Khi. 19:49*

Siddhasara Samhita **[13] (7th century A.D.)**

The author of this manuscript is *Acharya Ravigupta.* In this book, *Shati* has been described in various disorders and as an ingredient of diverse formulations. (Table1.10)

Table 1.10: Review of *Shati* in *Siddhasara-Samhita*

S.no	Preparation	Indications	Ref. No.
1.	*Jwara Nasaka Kwath*	*Kaphaj Jwara*	*Sid. Sa. 5:40; Pg. 71*
2.	*Murcha Nasaka Kwath*	*Abhinyas*	*Sid. Sa. 5:62; Pg. 76*
3.	*Abhinyas Nasaka Peya*	*Moorcha*	*Sid. Sa. 5:64; Pg. 76*
4.	*Ghrit*	*Kasa, Shirorooja, Kshaya*	*Sid. Sa. 5:94; Pg. 83*
5.	*Shati Vyoshabhya Kshar*	*Kaphaj Grahni Roga*	*Sid. Sa. 6:70; Pg. 109*
6.	*Avleha*	*Kasa, Swashara*	*Sid. Sa. 8:10; Pg. 125*
7.	*Ghrit*	*Rajyakshama*	*Sid. Sa. 8:20; Pg. 128*
8.	*Laghu Chavanprasha*	*Kasa, Swasa, Trishna*	*Sid. Sa. 8:26; Pg. 130*

9.	*Gulmanasaka Ghrit*	*Vataj Gulma*	*Sid. Sa. 9:17; Pg. 137*
10.	*Madhavasava*	*Sarva Pramehnasaka*	*Sid. Sa. 11:18; Pg. 161*
11.	*Kalka*	*Vaat Anulomana, Shool, Gudbhransh*	*Sid. Sa. 13:27; Pg. 183*
12.	*Hikka Swashara Choorna*	*Hikka, Kasa, Swas, Jwarhara*	*Sid. Sa. 15:20; Pg. 202*
13.	*Kasa Hara Choorna*	*Vataj Kasa*	*Sid. Sa. 16:5; Pg. 205*
14.	*Aprajita Leha*	*Vataj Kasa*	*Sid. Sa. 16:6; Pg. 205*
15.	*Haritaki Rasayan*	*Hikka, Grahni, Aruchi Hara*	*Sid. Sa. 16:14; Pg. 207*
16.	*Churna*	*Kaphaj Hridya Roga*	*Sid. Sa. 19:22; Pg. 230*
17.	*Shati Tamlaki Vyosh*	*Pratishaya, Hridyashool Nasaka*	*Sid. Sa. 26:67; Pg. 230*

Shati in other important Ayurvedic treatise

***Vaidyaprasarakam* [14] (9th century A.D.)**

This unique treatise was written by *Vaidya Aacharya Gadadhara*. *Aacharya Gadadhara* thoroughly observes the pharmacological properties and actions of *Shati.* Use of *Shati* in various disorders and as an ingredient of various formulations were found in *Vaidyaprasarkam*. (Table 1.11)

Table 1.11: Review of *Shati* in *Vaidya Prasarkam*

S.no	Preparation	Indications	Ref. No.
1.	*Shunthyadi Kwath*	*Vaat Roga Nasaka*	*Vai.Pr.1: pg. 34*
2.	*Dashmooladi Kashaya*	*Hikka, Kasa, Swasa Roga Nasaka*	*Vai.Pr.1: pg. 37*
3.	*Mustadi Kwath*	*Trishna, Shool Nasaka*	*Vai.Pr.1: pg. 43*
4.	*Panchmooladi Kwath*	*Visfota Nasaka*	*Vai.Pr.1: pg. 56*
5.	*Bhutikadi Kwath*	*Vaat Roga Nasaka*	*Vai.Pr.1: pg. 73*
6.	*Chitrakadi Kwath*	*Swasa Roga Nasaka*	*Vai.Pr.1: pg. 85*
7.	*Mustadi Kwath*	*Trishna, Shool Nasaka*	*Vai.Pr.1: pg. 85*
8.	*Vyaghradi Kwath*	*Atisaar Nasaka*	*Vai.Pr.1: pg. 87*
9.	*Karvyadi Kwath*	*Abhinyas Jwara Nasaka*	*Vai.Pr.1: pg. 88*
10.	*Bhutikadi Kwath*	*Vaat Roga Nasaka*	*Vai.Pr.1: pg. 91*
11.	*Jeevantaydi Yvagu*	*Arsha, Atisaar Nasaka*	*Vai.Pr.1: pg. 100*
12.	*Hingvadi Churna*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 111*
13.	*Pathaydi Churna*	*Hridya Roga, Arsha Nasaka*	*Vai.Pr.1: pg. 133*
14.	*Shaalparnyadi Gana*	*Atisaar Nasaka*	*Vai.Pr.1: pg. 136*
15.	*Shodashansho Guggulu*	*Gulma, Kushta Nasaka*	*Vai.Pr.1: pg. 141*
16.	*Saptvinshti Guggulu*	*Prameha, Pandu Roga Nasaka*	*Vai.Pr.1: pg. 145*
17.	*Amrit Guggulu*	*Kasa, Gulma, Prameha Nasaka*	*Vai.Pr.1: pg. 150*
18.	*Pathaydi Churna*	*Arsha, Hridya Roga Nasaka*	*Vai.Pr.1: pg. 172*
19.	*Yvanyadi Churna*	*Udara Roga Hara*	*Vai.Pr.1: pg. 183*
20.	*Trilavanadyam*	*Gulma Nasaka*	*Vai.Pr.1: pg. 189*
21.	*Abhyadya Churna*	*Arsha, Gulma, Shool Nasaka*	*Vai.Pr.1: pg. 190*
22.	*Agnimukh Churna*	*Ajirna, Gulma Nasaka*	*Vai.Pr.1: pg. 199*
23.	*Suksham Eladyam*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 206*
24.	*Twagadyam*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 207*
25.	*Hingvadaym Churna*	*Arsha, Gulma Nasaka*	*Vai.Pr.1: pg. 210*
26.	*Hingu Shodashkam*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 213*

27.	*Bhargyadi Yoga*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 215*
28.	*Sugandhpatradyam Churna*	*Kasa, Hikka Nasaka*	*Vai.Pr.1: pg. 217*
29.	*Twakadi Leha*	*Kasa, Swasa, Hikka Nasaka*	*Vai.Pr.1: pg. 218*
30.	*Bhallatakadya Churna*	*Ajeerna Nasaka*	*Vai.Pr.1: pg. 266*
31.	*Chandraprabha Gutika*	*Prameh Nasaka*	*Vai.Pr.1: pg. 269*
32.	*Pippalyada Taila*	*Shool Nasaka*	*Vai.Pr.1: pg. 278*
33.	*Saindhavadya Taila*	*Arsha, Pleeha Roga Nasaka*	*Vai.Pr.1: pg. 279*
34.	*Bala Taila*	*Apsmaar Nasaka*	*Vai.Pr.1: pg. 286*
35.	*Agnimukh Ghrit*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 318*
36.	*Amritprash Ghrit*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 325*
37.	*Mahamayur Ghrit*	*Yoniroga, Shukra Roga Nasaka*	*Vai.Pr.1: pg. 330*
38.	*Kantkari Ghrit*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 331*
39.	*Panchmooladya Ghrit*	*Kasa, Swasa Nasaka*	*Vai.Pr.1: pg. 338*
40.	*Bhallatak Ghrit*	*Kaphaj Gulma Nasaka*	*Vai.Pr.1: pg. 350*
41.	*Tryushna Ghrit*	*Jwara, Gulma Nasaka*	*Vai.Pr.1: pg. 359*
42.	*Agastya Haritaki*	*Rasayana*	*Vai.Pr.1: pg. 378*
43.	*Chwanprasha*	*Rasayana*	*Vai.Pr.1: pg. 381*
44.	*Amrit Leha*	*Gulma Nasaka*	*Vai.Pr.1: pg. 395*
45.	*Yamak Sneha Basti*	*Shukardosh Hara*	*Vai.Pr.1: pg. 428*
46.	*Takra Arishta*	*Deepan, Rochan, Balya*	*Vai.Pr.1: pg. 554*
47.	*Takra Arishta*	*Grahni Roga Nasaka*	*Vai.Pr.1: pg. 556*
48.	*Arogya Lavana*	*Pleeha Roga Nasaka*	*Vai.Pr.1: pg. 564*
49.	*Deepniya Gana*	----------	*Vai.Pr.1: pg. 598*
50.	*Aprajita Khila*	*Atisaar Roga Nasaka*	*Vai.Pr.1: pg. 599*
51.	*Paravatadi Peya*	*Hikka, Swasa Roga Nasaka*	*Vai.Pr.1: pg. 656*

***Chikitsakalika*[15] (10th century A.D.)**

It is an important treatise written by *Tista Acharya*. *Tista Acharya* was the son of *Vagbhata*. In this treatise many formulations are described. Use of *Shati* in various disorders and as an ingredient of various formulations were found in *Chikitsakalika*. (Table 1.12)

Table 1.12: Review of *Shati* in *Chikitsa Kalika*

S.no	Preparation	Indications	Ref. No.
1.	*Panchkarmani Anuvasana Basti*	*Grahni Vicar Nasaka*	*Ci. Ka. :83 Pg. 18*
2.	*Narayana Churna*	*Udara Roga Hara*	*Ci. Ka. :164 Pg. 37*
3.	*Hingvadaya Churna*	*Gulma Hara*	*Ci. Ka. :173 Pg. 39*
4.	*Chayvanprash*	*Rajyakshama Nasaka*	*Ci. Ka. :262 Pg. 58*
5.	*Prasarini Taila*	*Vaat Roga Hara*	*Ci. Ka. :298 Pg. 66*
6.	*Maha Prasarini Taila*	*Vaat Roga Hara*	*Ci. Ka. :304 Pg. 67*

***Vaidyarahashya* [16] (13th Century A.D.)**

Vaidyarahashya is a popular treatise written by *Bhishgavara Vidyapati.* In this treatise *Shati* has been described in different formulations as an ingredient for the treatment of various disorders. (Table 1.13)

Table :1.13 Review of *Shati* in *Vaidyarahashya:*

S.no	Preparation	Indications	Ref. No.
1.	*Pralapado Udhulnama*	*Sannipataj Jwara Nasaka*	*Vd.Rh. Jwara Chikitsa:Shlok 86*
2.	*Shringyadi Kwath*	*Sannipataj Jwara Nasaka*	*Vd.Rh. Jwara Chikitsa:Shlok 93*
3.	*Drakshadi Kwath*	*Jeerna Jwara Nasaka*	*Vd.Rh. Jwara Chikitsa:Shlok 179*
4.	*Kaameshwar Modak*	*Grahni Roga Hara*	*Vd.Rh. Grahni Chikitsa:Shlok 9*
5.	*Pipplyadi Vati*	*Kasa, Swasa Hara*	*Vd.Rh. Kasa Chikitsa:Shlok 3*
6.	*Katphaladi Churna*	*Kasa, Swasa Hara*	*Vd.Rh. Kasa Chikitsa:Shlok 9*
7.	*Brihad Rasnadi Kwath*	*Vaat Roga Hara*	*Vd.Rh. Vaatvyadhi Chikitsa:Shlok 36*
8.	*Tryodashang Gugulu*	*Gridhrasi Roga Nasaka*	*Vd.Rh. Vaatvyadhi Chikitsa:Shlok 74*
9.	*Methi Pak*	*Aamvata Hara*	*Vd.Rh. Aamvaat Chikitsa:Shlok 33*
10.	*Kankayan Gutika*	*Gulma Roga Nasaka*	*Vd.Rh. Gulma Chikitsa:Shlok 19*
11.	*Haritkyadi Churna*	*Hridya Roga Nasaka*	*Vd.Rh. Hridyaroga Chikitsa:Shlok 5*
12.	*Pushkarmooladi Kalka*	*Vataj Hridya Roga Nasaka*	*Vd.Rh. Hridyaroga Chikitsa:Shlok 8*
13.	*Katphaladi Churna*	*Vataj Kasa, Swasa Hara*	*Vd.Rh. Nasaroga Chikitsa:Shlok 8*

***Vaidyajivanam* [17] (16-17th Century A.D.)**

Vaidyajivanam is a popular treatise written by *Lolimbaraja.* this treatise *Shati* has been described in different formulations as an ingredient for the treatment of various disorders. (Table 1.14)

Table 1.14 Review *of Shati* in *Vaidya jeevnam*

S.no	Preparation	Indications	Ref.No.
1.	*Tiktadi Ghrit*	*Swasa Rog Nasaka*	*Vaid. Jee.: 1:53*
2.	*Shatyadi Kwath*	*Visham Jwara Nasaka*	*Vaid. Jee.: 1:57*

***Arkaprakasha*[18]**

Arkaprakasha is a popular treatise written by *Ravana*. In this book a lot of formulations are described. As named, this treatise covered *Arka* (tincture) *Chikitsa*. The *Arka* obtained from medicines have been used in the treatment of various diseases. In this book the properties of *Aamvatahara Arka* are also described in which one of the ingredients is *Shati*. (Table 1.15)

Table 1.15: Review of *Shati* in *Arkaprakasha*

S.no	Preparation	Indications	Ref. No.
1.	*Aamvaatnashaka Arka*	*Aamvat Hara*	*Arka. 3:79*

***Bhaisajyaratnavali* (18th Century A.D.)[19]**

Shati has been described under *Chayawanprash Avleha (Bhais.* 14:60*), Jeevantyadi Ghrit (Bhais.* 14:257*), Amritprasha Ghrit (Bhais.*14:260*), Chandanadi Taila (Bhais.*14: 286*), Maha Chandanadi Taila (Bhais.*14:299*), Bhargyadi Leha (Bhais.*15:5*), Kantkaryadi Kwath (Bhais.*15:28*), Agastya Haritaki (Bhais.*15:171*), Kantkarya Avleha (Bhais.*15:182*), Vasa Chandanadya tail (Bhais.*15:197*), Dashmoolyadi Kwath (Bhais.*16:25*), Tejovatyadi Ghrit (Bhais.*16:102*), Tryodashang Gugulu (Bhais.*26: 98*)* etc[47].

Shati* in *Rasa Grantha

***Rasaratnasamuccaya*[20]**

This is the most important work of the *Rasatantra* work available today. The author of this treatise is *Vaghbhaṭa*, but evidently different from the author of *Ashtanga Hṛdaya* or *Aṣhtanga Sangraha*. In this book *Shati* has been mentioned as an ingredient of various formulations for the treatment of different disorders. (Table 1.16)

Table 1.16: Review of *Shati* in *Rasaratna -Samuccaya*

S.no	Preparation	Indications	Ref. No.
1.	*Vish Vidravan Ghrit*	*Unmaad Hara*	*Ras.Rat.Sa. 29:28*
2.	*Visha Kalpa*	*Gulma Roga Nasaka*	*Ras.Rat.Sa. 29:62*
3.	*Apchi Nasaka Visha*	*Apchi Nasaka*	*Ras.Rat.Sa. 29:113*
4.	*Madankameshwar Modaka*	*Vajikaran*	*Ras.Rat.Sa. 29:117*

***Rasatarangiṇi*[21]**

In this book *Shati* has been described in limited formulations as an ingredient for the treatment of different disorders[54]. (Table 1.17)

Table 1.17: Review of *Shati* in *Rasatarangini*

S.no	Preparation	Indications	Ref. No.
1.	*Vish Vidravan Ghrit*	*Unmaad Hara*	*Ras. 15:92*

Classification of *Shati* in different *Nighantu*

S.no	*Nighantu*	*Gana/Varga*	Reference
1.	*Siddhasara-Nighantu*[22]	----------	*Sid. sa. ni*: 68 (pg. 377)
2.	*Paryayaratnamala*[23]	----------	*Pary.:* 128 (pg. 40).
3.	*Chandra* or *Madanadi-Nighantu*[24]	*Prakeeran Aushadhiya Dravya*	*Ca. Ni*. 4, 5 (pg. 217)
4.	*Chamatkara -Nighantu*[25]	----------	*Ca. Ni.*: 4 (pg. 51)
5.	*Dhanwantri-Nighantu*[26]	*Guduchyadi varga*	*Dh. Ni. Guduchyadi Varga:* 60-62 (pg.26) *Guduchyadi Varga:* 63-64 (pg.27*)*
6.	*Shabdacandrika*[27]	*Vṛikshadi- varga*	*Sabd. Vṛikshadi- Varga*: 281
7.	*Nighanṭusheṣa*[28]	*Gulma Kanda*	*Ni. Sh. Gulma Kanda:*232
8.	*Sodhala-Nighantu*[29]	*Guduchyadi Varga*	*So. ni. Guduchyadi Varga:* 137 *So. ni. Guduchyadi Varga*: 137
9.	*Madhava-Dravyaguna*[30]	*Vividhausadhi Varga*	*Ma. dr. Vividhausadhi Varga:* 135
10.	*Siddhamantra*[31]	*Kaphavaatghana-Varga*	*Sidd. Kaphavaatghana-Varga:* 83
11.	*Hridyadipaka-Nighantu*[32]	*Dvipada-Varga* *Nanarth-Varga*	*Hr.ni. Dvipada Varga:*81(pg. 40) *Hr.ni. Nanarth Varga:*129 (pg. 79)
12.	*Madanapala-Nighantu*[33]	*Karpuradi- Varga*	*Mad. Pa. ni. Karpuradi- Varga:* 56 (pg. 312).
13.	*Raj-Nighantu*[34]	*Pipplyadi-Varga*	*Ra. ni. Pipplyadi-Varga:* 226-228 (pg. 180).
14.	*Kaiyadeva-Nighantu*[35]	*Oshadhi Varga*	*Kai. Ni. Oshadhi Varga:*1391-1393(pg. 258)
15.	*Bhavprakash-Nighantu*[36]	*karpuradi-Varga*	*Bha.ni. Karpuradi-Varga:* 99-100 (pg.236)
16.	*Gunaratnamala*[37]	*Karpuradi Sugandh-Varga*	*Gu.ra.ma. Karpuradi Sugandh-Varga* (pg. 120)
17.	*Rajavallabha-Nighantu*[38]	*Purvahnikapara Ched*	*Raj. val. ni. Purvahnikapara Ched:* 145
18.	*Laghu-Nighantu*[39]	----------	*La. ni*. 53-54 (pg. 14).
19.	*Paryayamuktavali*[40]	*Jeerakadi Madhyagandha Varga*	*Par. mu. Jeerakadi Madhyagandha Varga* :10 (pg. 15).
20.	*Shaligram-Nighantu*[41]	*Karpuradi Varga*	*Sha.ni. Karpuradi Varga* (pg. 64)
21.	*Nighantu-Adarsha*[42]	*Aadrakadi Varga*	*Ni. ad. Aadrakadi Varga* (pg. 567)
22.	*Shankara-Nighantu*[43]	----------	*Sh.ni. Kapur Kachri* (pg. 32)
23.	*Abhidhanamaṅjari*[44]	*Sankeeran Varga: Trayartha-Varga*	*Abhi. ma. Sankeeran Varga: Trayartha-Varga:* 44

24.	*Priya-Nighantu*[45]	*Shatpushpadi Varga*	*Pr. ni. Shatpushpadi Varga*: 131-132 (pg. 100)
25.	*Amara-kosha*[46]	*Vanausadhi-Varga*	*Amar. Dvitiya Kanda Vanausadhi-Varga:* 154 (pg. 169)
26.	*Shiva kosha*[47]	----------	*Shiva.:* 219, 236, 352, 394 and 514

Sanskrit synonyms of *Shati* described in different *Nighantu* and some unique Ayurvedic treatise

Chandrani, Chandragandha, Doorva, Duvidheyati, Gandha, Gandhali, Gandhari, Gandholi, Gandharika, Gandholi, Gandhmooli, Gandhmoolika, Gandhmoolini, Gandhplash, Gandhplashi, Gandhplashak, Gandhvadhu, Haridrapatrakandka, Himja, Himudhbhava, Himudhbhuta, Jatila, Jimootmoola, Jwalani, Kachor, Kachoram, Kapoor kachari, Karchoor, Khadyakini, Plaash, Plaasha, Plaashi, Plasho, Plashika, Prithuplashika, Sati, Sathoolka, Shadgrantha, Shadgranthika, Shati, Shatika, Shatya, Shathya, Shati Palash, Shati Vishesh, Somda, Somya, Somsambhava, Sugandhmoola, Subhadra, Sugandhchanda, Sugrahitka, Suvrata, Tapsi, Tiktakandka, Trini, Vadhu. (Table 1.18)

Table 1.18: Sanskrit synonyms of *Shati* described in different *Nighantu* and some unique Ayurvedic treatise

S.no	Sanskrit name	*Nighantu*																							
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1	*Chandrani*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2	*Chandragandha*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
3	*Doorva*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
4	*Deerghapatra*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
5	*Duvidheyati*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6	*Gandha*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
7	*Gandhadhya*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
8	*Gandhali*	-	-	-	+	-	-	-	+	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	+
9	*Gandhari*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
10	*Gandholi*	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-
11	*Gandharika*	-	+	-	-	+	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12	*Gandhmooli*	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	+	-	-	-	-	-
13	*Gandhmoolika*	-	+	-	-	+	-	-	-		-	-	-	-	-	-	+	-	-	-	-	-	-	-	-
14	*Gandhmoolini*	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
15	*Gandhnisha*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
16	*Gandhpatra*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
17	*Gandhpatrika*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
18	*Gandhpeeta*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
19	*Gandhplash*	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
20	*Gandhplashi*	-	+		+	+		-	-	-	-	-	+	-	-	-	+	-	-	-	-	-	-	-	-
21	*Gandhplashak*	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
22	*Gandhvadhu*	-	+	-	-	+	-	+	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-
23	*Haridrapatra kandka*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
24	*Himja*	-	-	-	-	-	-	-	-	-	-	-	-	+	+	+	-	-	-	-	-	-	-	-	-
25	*Himudhbhava*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-
26	*Himudhbhuta*	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-
27	*Jatila*	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
28	*Jimootmoola*	-	-	-	-	-	-	-	-	-	-	-	-	-	+	+	-	-	-	-	-	-	-	-	-

29	*Jwalani*	-	-	-	+	-	-	-	-	-	-	-	-	-	-		-	-	-	-	-	-	-	-
30	*Kachor*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-
31	*Kachoram*	-	-	-	-	-	-	-	-	-	-	-	-	-	+		-	-	-	-	-	-	-	-
32	*Kapoor kachari*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-
33	*Karchoor*	-	-	-	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	+	-
34	*Khadyakini*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-
35	*Plaash*	-	-	+	-	-	+	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	+
36	*Plaasha*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
37	*Plaashanta*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
38	*Plaashi*		+	-	-	+			+	+	-	-	-	-	-	+	-	-	-	-	-	-	-	-
39	*Plasho*	-	-	-	-	-	-	-	-	-	-	-	-	-	+		-	-	-	-	-	-	-	-
40	*Plashika*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
41	*Prithuplashika*	-	+	-	+	+		+	+		+	-	-	+	-	-	-	+	-	-	-	-	-	+
42	*Sati*	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
43	*Sathoolka*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
44	*Shadgrantha*	-	+	-	+	+		+	+	+	-	-	-	+	-	-	-	+	-	-	-	-	-	+
45	*Shadgranthika*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-
46	*Shati*	+		+	+	+	+	-	-	+	+	+	-	-	-	+	+	+	+	+	+	+	+	+
47	*Shathi*	-	+	-	+			+	+	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-
48	*Shatika*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
49	*Shatya*	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	+
50	*Shathya*	-	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
51	*Shati plash*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
52	*Shati vishesh*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
53	*Somda*	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
54	*Somya*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
55	*Somsambhava*	-	-	-	-	-	-	+	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-
56	*Sugandhmoola*	-	-	-	+	-	-	+	+		+	-	-	-	-	-	-	+	-	-	-	-	-	+
57	*Subhadra*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
58	*Sugandhchanda*	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
59	*Sugrahitka*	-	-	-	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
60	*Supakini*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
61	*Suvrata*	-	+		+	+		+	-	+	+	-	-	+	-	-	-	+	-	-	-	-	-	+
62	*Svaksheeryak patrika*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
63	*Tapsi*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
64	*Tiktakandka*	-	-	-	+	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
65	*Trini*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
66	*Vadhu*	-	+	-	+	+		+	+	-	-	-	-	+	-	-	-	+	-	-	-	-	-	+
67	*Vanja*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
68	*Vanya*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
69	*Vedbhuva*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+	-	-	-	-	-	-
Code of *Nighantu*		**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**	**12**	**13**	**14**	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**24**

1.*Abhidhanmanjari*; 2. *Bhavprakash-Nighantu*; 3. *Chamatkara-Nighantu*; 4. *Dhanwantri-Nighantu*; 5. *Gunaratnamala*; 6. *Hridyadeepak-Nighantu*; 7. *Kaiyadeva-Nighantu*; 8. *Laghu-Nighantu*; 9. *Madanpala-Nighantu*; 10. *Madanadi-Nighantu*; 11. *Madhav-Dravyaguna*; 12. *Nighantu Adarsha*; 13. *Nighantu Shesha*; 14. *Paryayaratnamala*; 15. *Paryayamuktavali*; 16. *Priya-Nighantu*; 17. *Raj-Nighantu*; 18. *Rajvallabh-Nighantu*; 19. *Shabad Chandrika*; 20. *Shaligram-Nighantu*; 21. *Shankara Nighantu*; 22. *Siddhamantra* And *Prakash*; 23. *Siddhasara-Nighantu*; 24.*Sodhala-Nighantu*

Table 1.19: Properties and actions of the *Shati* according to *Nighantu*

Sr	*Nighantu*	*Rasa*	*Guna*	*Virya*	*Vipaka*	*Doshakarma*	*Other karma*	*Roghanta*	*Reff.*
1	*Madanadi Nighantu*	*Kashaya, Katu*	-	-	-	*Vaat Hara*	*Sugandhit Moola, Shoolhara*	*Kasa, Swasa, Hikka, Jwara Nasaka*	*Ca. Ni. 4 (Pg. 217)*
2	*Dhanwantri Nighantu*	*Tikta*	*Teekshna*	*Ushna*	-	*Kaphahara*	*Varna Nashak, Vaktrashudhi*	*Sannipata Jwara Hara, Kasa Hara*	*Dh. Ni. Guduchyadi Varga: 60-62*
3	*Sodhala Nighantu*	-	-	-	-	*Vaat Kapha Hara*	-	*Kasa, Swasa, Jwara Hara*	*So. Ni. Guduchyadi Varga: 137*
4	*Madhava Dravyaguna*	-	-	-	-	*Vaat Kapha Hara*	-	*Kasa, Swasa, Jwara Hara*	*Ma. Dr. Vividhauṣadhi Varga: 135*
5	*Siddhamantra And Prakāśa*	-	-	-	-	*Kaphavaatghana*	-	-	*Sidd. Kaphavaatghana-Varga: 83*
6	*Madanpala Nighantu*		*Laghu*	*Sheet*	-	*Raktadoshhara*	*Aam Pachan, Grahni Roga Nasaka*	*Jwara, Kasa Hara*	*Mad.Pa.Ni.:56 (Pg.312)*
7	*Raja Nighantu*	*Tikta, Amla*	*Laghu*	*Ushna*	-	*Kapha, Rakta Dosh Hara*	*Kandu, Vrana, Mukh Roga Nasaka*	*Jwara Hara. Ruchiprad*	*Ra. Ni. Pipplyadi Varga.: 226-227 (Pg. 180)*
8	*Kaiyadeva Nighantu*	*Katu, Tikta, Kashaya*	*Teekshna, Laghu*	*Anushna*	-	*Tridoshhara*	*Grahi, Mukh Varesya, Varna, Kandu, Mala Dorgandhya Nashaka*	*Kasa, Swas, Shool, Hikka, Jwara Nasaka*	*Kai.Ni. Oshadhi Varga:1391-1393(Pg. 258)*
9	*Bhavaprakasha Nighantu*	*Katu, Tikta, Kashaya*	*Laghu, Teekshna*	*Anushna*	-	-	*Varna, Sidham, Shool, Graha Roga Nasaka, Mala Nashini*	*Grahi, Shoth, Kasa, Swasa*	*Bha.Ni. Karpuradi-Varga: 99, 100 (Pg.236).*
10	*Gunaratnamala*	*Katu, Tikta, Kashaya*	*Laghu, Teekshna*	*Anushna*	-	*Tridosh Hara*	*Varna, Shool, Sidham, Mala Nashini*	*Grahi, Kasa, Swasa,*	*Gu. Ra. Karpooradi Sugandh-Varga (Pg. 120).*
11	*Rajavallabha-Nighantu*	-	-	-	-	*Vaat Kapha Hara*	-	*Kasa, Swasa, Jwara Hara*	*Raj. Val. Ni. Purvahnikapara Ched: 145*
12	*Laghu Nighantu*	-	-	-	-	*Vaat, Kapha Nasaka*	-	*Kasa, Swasa, Hikka, Jwara Hara*	*La. Ni 53, 54* (Pg. 14).
13	*Saligrama Nighantu*	-	-	-	-	-	-	-	*Sa.Ni. Karpporadi Varga (Pg. 64)*
15	*Nighantu Adarsha*	*Katu, Tikta, Kashaya*	*Laghu, Teekshna*	*Ushna*	*Katu*	*Tridoshara*	*Varna, Sidham, Shool, Graha Roga Nasaka, Mala Nashini*	*Grahi, Shoth, Aam, Kasa, Swasa, Jwara, Raktaj Gulma Nasaka*	*Ni. Ad. Aadrakadi Varga (Pg. 567)*
16	*Shankara Nighantu*	*Tikta, Kashaya*	*Laghu, Teekshna*	*Sheet*	-	*Kinchit Pittkaraka, Rakta Dosh Hara, Tridoshhara*	*Mukh Varesya, Varna, Vamana, Mala Dorgandhya Nasaka*	*Kasa, Swas, Shool, Hikka, Jwara Nasaka, Hikka, Daah Janak*	*Sh. Ni. Kapoor Kachari (Pg. 32)*

17	*Priya Nighantu*	*Katu, Tikta*	*Teekshna*	*Ushna*	-	*Kaphavaat Hara*	*Shool, Chardi, Mukh Sodhani, Tamak Swasa*	*Kasa, Swas Hara*	*Pr. Ni. Shatpushpadi Varga: 131, 132 (Pg. 100)*

RESULT AND DISCUSSION

In *Brhattrayi Shati* has been described at many places. In Charaka-Samhita, it has been described under *Hikkanigrahan* and *Swashara Mahakaṣhaya*. It is also used as an important ingredient in different ayurvedic formulations i.e., *Cyavanaprasha*, *Agastya Haritaki, Amritprash Ghrit, Duralabhadya Ghrit, Jeevantyadi Ghrit, Mahamayur Ghrit, Lodhrasava* or *Madhavasava*.

In Susruta Samhita it has also been described under *Hingvadi Choorna, Dhanwantri Ghrit, Vidangadi Taila, Agastya Avleha.*

In Ashtanga hrdaya and Ashanga Sangraha it has been used for the treatment of *Kantkari Ghrit, Agastya Haritaki Rasayana, Jeevantyadi Churna, Pushkarmooladi Churna, Kashmaryadi Ghrit, Dashmooladi Ghrit.* In other Samhita and *Chikitsa Grantha* Shati has been mentioned as ingredient of various formulations and used to treat various disorders.

Shati was also described in Rasaratna samaccaya and Rasatarangini. In Rasaratnasamaccaya Shati has been described under *Vish Vidravan Ghrit, Visha Kalpa, Apchi Nasaka Visha* and *Madankameshwar Modak* but in Rasatarangini it has been described in only one formulation *Vish Vidravan Ghrit* for the treatment of different disorders by reading these Samhitas we found a very important role of *Shati* in *Kasa, Shwasa* and other respiratory ailments because most of the Shati formulations were found in treatment of these diseases. Shati was said to be as *Prashasth Aushadha* or *Param Aushadha* for *kasa, swasa* and *Hikka* in many Samhitas. After review of *Shati* in various *Nighantus* many synonyms of *Shati* were found.

Description of Shati was found in different Nighantu i.e., Dhanwantari-Nighantu, Hrdayadipaka Nighantu, Kaiyadeva-Nighantu, Madanpala-Nighantu and Bhavprakash-Nighantu etc.

Shati is not found in Vedic-Nighantu, Sausruta-Nighantu, Haramekhala-Nighantu, Ashtaang -Nighantu, Dravyaguna-Sangraha, Abhidhānaratnamala or Shadrasa-Nighantu, Ayurveda-Mahodadhi, Sarasvati-Nighanṭu, Mahaushadha-Nighantu.

Siddhasara-Nighantu considered *Karchur* as Shati and acc. to this Nighantu Shati is used now-a-days in place of *Karchur*.

In Chamatkara -Nighantu same names have been used for more than one drug. In this Nighantu, *plasha* is mentioned as the synonym of *Shati*.

In Dhanwantri-Nighantu along with *Shati*, *Gandhplashi* (*Shati Vishesh*) is also mentioned in *Guduchyadi Varga*.

In Hridyadipaka-Nighantu second type *Gandhplash* is also mentioned.

In Raja-Nighantu also, *Shati Vishesh* is mentioned in *Pippalyadi Varga*.

In Shaligram-Nighantu *Shati* has been described under *Karpuradi Varga* but no synonyms are found in this Nighantu.

In *Abhidhanamanjari Shati* has been described under *Sankeeran Varga, Trayartha-Varga* but no synonyms and properties are mentioned. Only name *Shati* is mentioned.

Shati is *Katu*, *Tikta* and *Kashaya* in *Rasa* almost acc.to every Nighantu but Raja Nighantu also included *Amla Rasa*.

Shati has *Laghu* and *Teekshna Guna* and has *Katu Vipaka* acc. to Adarsh Nighantu. It is used to treat *Kasa*, *Swasa, Hikka, Varna, Sidham, Shool, Chardi, Mukh Sodhani* and *Tamak swasa.*

Acc. to Dhanwantri Nighantu, Raja Nighantu, Nighantu Adarsha and Priya Nighantu *Shati* has *Ushna Veerya*. Acc. to Madanpala Nighantu and Shankara Nighantu *Shati* has *Sheeta Veerya.*

Acc. to Kaiyadeva Nighantu, Bhavaprakasha Nighantu and *Gunaratnamala Shati* has *Anushna Veerya.*

CONCLUSION

The extensive review of *Shati* in various Ayurvedic treatise like Samhitas, Nighantu, *Kosha Grantha* and *Rasa Grantha* concluded to the fact that *Shati* have a wide range of therapeutic qualities as it is seen in the treatment of numerous diseases in the form of an individual *Dravya* itself. Shati been mentioned in ancient Samhitas and Nighantu indicates its established use since many years. This extensive review of the plant Shati will bring to light its underrated importance and help the Ayurvedic practitioners in various ailments. It will also make it easy for the Ayurvedic scholars to conduct further research studies on Shati.

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